



27324 Camino Capistrano Suite #225 Laguna Niguel, CA 92677 www.TEAMNIKOS.com 949-315-9566

Welcome to Team Nikos Basketball Academy

We have put together this brief Frequently Asked Questions (“FAQ’s”) to help you in making a decision about Club Basketball.

Our full Welcome Packet with in-depth information can be found [online](#).

Being part of a travel team is demanding and time consuming for all parties involved. We stress the importance of family/religion, schoolwork and development of our players throughout our club at all levels.

Q: How long is the Club season?

A: The High School club season runs from approximately the beginning of March through the end of August. We hold an Elite HS Training Camp in the month of June in place of attending tournaments.

Q: How many days will my son/daughter have practice?

A: Team practices are generally held twice per week, with Academy training on Wednesdays and Sundays.

Q: What is Academy?

A: Academy is fundamental skill training focused on improving players’ dribbling, ball handling, shooting and footwork. Academy is separate from the team practice sessions, and we highly encourage all club players to attend regularly.

Q: How many players will be on a team?

A: There will be 8-9 players on each team.

Q: How many coaches are involved with each team?

A: Each team will have a Head Coach and an Assistant Coach.

Q: Will my son/daughter have guaranteed playing time?

A: There is no guaranteed playing time for any player. Coaches will do their best to get every player in the game, but some players will play more than others.

Q: How many tournaments do you play in and how often?

A: We play in two tournaments on average per month, with the exception of the month of June (as noted above). Most tournaments will have games on both Saturday and Sunday. Some tournaments will be on holiday weekends with games taking place over three days. Our full tournament schedule for the upcoming season can be found in the Welcome Packet online.



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FAQ's (continued)

Q: How soon in advance will we know the game times for a tournament?

A: We realize that every family has schedules outside of basketball and likes to plan their weekends in advance. With many club basketball tournament organizers, schedules are not set until typically the Thursday night before the tournament begins. In other words, the schedules are not set by us, but by those putting on the tournament. We send out schedules as soon as we receive them, in order to give our families as much notice as possible. Please know that scheduled tournament dates are always subject to change at the tournament hosts' discretion, and is outside of our control.

Q: Do you play in out of town tournaments that require hotel stay?

A: The large majority of our tournaments will be local (most are in the Anaheim and/or Garden Grove area). However, we will play in 2 to 3 out-of-town tournaments each season. In previous seasons we have traveled to locations such as Santa Barbara, San Diego, Phoenix, Arizona and Las Vegas, Nevada. Hotel stay is recommended, and we typically contract with a local property for a group rate.

Q: Do tournaments cost extra?

A: The cost for a team to play in a tournament is covered in your club dues. However, every tournament charges an entry fee for spectators. It is the nature of the sport. Parents, grandparents, siblings, etc. will pay a daily admission fee and most often a parking fee. These fees are determined by the tournament host(s) and/or facility, and are not controlled by TNBA.

Q: What is SAC?

A: "SAC" stands for "Strength and Conditioning" and is a program for our players that is basketball-specific to help increase speed, agility, footwork and coordination. Workouts are typically held directly prior to Academy sessions.

Q: What does Team Nikos Club Basketball cost?

A: Team Nikos Club Basketball has an all-inclusive fee structure for NCAA participating players/teams, as well as a non-NCAA participating fee structure. We do offer some discounts depending on your payment method. Please see the Payment Schedule in the Welcome Packet (found online at teamnikos.com) for complete details for the upcoming season.

Q: Are uniforms and gear included in the cost?

A: Uniforms and gear are included in the NCAA-participating fee structure.

For non-NCAA participation, the cost of the uniforms/gear are specified in the Uniform and Gear Order section of our Online Registration Form, and is paid at the time of registration as part of the non-refundable registration fee. The uniform/gear package includes game uniform (jersey and shorts), game shooting shirt, reversible practice jersey, team shoes and team backpack.

For all players registering, there are optional items available for purchase when completing your registration online.



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FAQ's (continued)

Q: Can we drop out if it's not for us?

A: We ask every player to make a commitment they plan to honor for the entire season. Pulling out of the program is disruptive to the program and the team. Please see our full Drop Policy found in our Welcome Packet online.

Q: What is the next step after tryouts if my son/daughter makes the team?

A: If your son/daughter makes the team you will be contacted within 3 days of tryouts.

For any additional questions, please contact us through our website at:

<http://teammikos.com/contact/>

Thank you!